



**PARENT & ATHLETE  
WELCOME HANDBOOK**

Updated July 2017



---

## Contents

1.	Welcome .....	3
2.	Stay Informed.....	3
3.	Goals of Fuzion Volleyball .....	3
4.	Fees .....	4
5.	Financial Assistance .....	4
6.	Where We Practice.....	5
7.	What Athletes Need for Training .....	5
8.	Athlete’s Responsibility.....	5
9.	Practices .....	5
10.	Parental Support .....	6
11.	Club Policies .....	6
12.	Club Colours .....	6
13.	Club Kit .....	6
14.	Club Shop .....	6
15.	Other Affiliated Organizations .....	6
16.	Child Protection .....	7
17.	Tournaments.....	7



---

## 1. WELCOME

Welcome to Fuzion Volleyball. We hope you and your child have a great experience this season! This handbook is designed to give you the information necessary to settle into the club or answer any basic questions you may have. Welcome to the Fuzion family and we hope you have a great year!

## 2. STAY INFORMED

We use several avenues to distribute information throughout the year, including your coach, team manager, email, club-wide newsletters, our website and social media.



[info@fuzionvolleyball.com](mailto:info@fuzionvolleyball.com)



[www.fuzionvolleyball.com](http://www.fuzionvolleyball.com)



FuzionVolleyball



@FuzionVball

## 3. GOALS OF FUZION VOLLEYBALL

### Athletes

We offer our athletes the opportunity to fulfil their potential by improving their skills and knowledge and increasing athletic fitness while promoting self-discipline, teamwork, self-esteem and community service. This is carried out in a friendly, positive environment where lifelong values are instilled; goals are set, achieved and surpassed.

### Coaches

We work to train all our coaches in our Skills Matrix, which outlines all the volleyball skills and tactics and when and how to teach them. We offer a coaching stream to allow coaches to reach their best potential as well using the National Coaching Certification Program (NCCP) courses. We take a community approach to coaching with all coaches working together to improve skills and knowledge through group forums, mentoring, seminars and workshops.

### Community Service

We believe in giving back to our community and each athlete is required to do community service as part of their commitment to their team and the club. Teams will be expected to select an activity that meets the criteria as described in the club's Community Service policy.



#### 4. FEES

##### Tryouts

\$20 for all 14U & older teams.

##### Mini's

\$60 10 week session, 1 hour, once per week, 2 sessions per year.

##### 10U Development

\$90 10 week session, 1.5 hours, once per week, 2 sessions per year.

##### 12U Development

\$120 12 week session, 1 hour, twice per week, 2 sessions per year.

##### 13U Development

\$175 12 week session, 1.5 hours, twice per week, 2 session per year.

##### Registration Fee

\$250 All 14U / 15U / 16U / 18U teams

##### Selection Fee – in addition to the Registration Fee

\$350 Development - 14U / 15U / 16U / 18U

\$550 Competitive – 15U / 16U / 18U

\$750 High Performance – 16U / 18U

##### Payment Schedule

GROUP	REGISTRATION FEE		SELECTION FEE			
	AMNT	DUE	PMNT 1	DUE	PMNT 2	DUE
MINI	\$60	Sept. 24	---		---	
10U DEV	\$90	Sept. 27	---		---	
12U DEV	\$120	Sept. 25	---		---	
13U DEV	\$175	Sept. 25	---		---	
DEVELOPMENT 14U/15U/16U/18U	\$250	Sept. 29	\$100	Sept. 29	\$250	Jan. 19
COMPETITIVE 15U/16U/18U	\$250	Sept. 29	\$200	Sept. 29	\$350	Jan. 19
HIGH PERFORMANCE 16U/18U	\$250	Sept. 29	\$300	Sept. 29	\$450	Jan. 19

#### 5. FINANCIAL ASSISTANCE

One of our goals is that whoever wants to play, we'll find a place for them to play, regardless of circumstances. Financial assistance is available through various local agencies for those who need help with the club fees. Contact us at [info@fuzionvolleyball.com](mailto:info@fuzionvolleyball.com) for more information.



---

## 6. WHERE WE PRACTICE

We practice at the following facilities:

**Northrop Frye School**  
1392 Ryan Road  
Moncton, NB

**École Le Sommet**  
701 Ryan Road  
Moncton, NB

**École Champlain**  
210 Erinvale Drive  
Moncton, NB

**CEPS Université de Moncton**  
40 Antonine-Mallet Ave.  
Moncton, NB

**Kay Arena**  
99 Wynwood Drive  
Moncton, NB

**Moncton Agrena**  
377 Killam Drive  
Moncton, NB

**Please note:** because of limited court space at Northrop Frye, École Le Sommet and École Champlain, we ask that parents wait outside the gym during practices.

## 7. WHAT ATHLETES NEED FOR TRAINING

- Fuzion practice t-shirt
- Shorts/spandex
- Knee pads
- Court shoes
- Water bottle (filled with water). Sports drinks are not allowed in the school gyms.

## 8. ATHLETE'S RESPONSIBILITY

- DO**
- Turn up for training 15 minutes before the start of the session.
  - Respect coaches, other athletes, custodial staff & members of the public
  - Listen to what your coach is saying
  - Turn off your cellphone before practice
- DON'T**
- Use your cellphone during practice, unless for an emergency
  - Change shirt in the gym
  - Deliberately damage equipment

## 9. PRACTICES

Practices start promptly and athletes should arrive 15 minutes before the start to be sure they are ready to go:

- Knee pads on
- Shoes tied
- Water bottle filled
- Use the washroom, if needed
- Cell phones turned off
- Any required equipment is set up



---

## 10. PARENTAL SUPPORT

We encourage all of our parents and families to be fans first, and foremost. Volleyball is a complex game and everyone learns and improves at a different pace, so enjoy the game and please be supportive and encouraging to all athletes and coaches.

Please remember, our coaches are experienced, successful and highly trained, but they are also volunteers, they are not perfect and they are still learning and striving to improve. While they are certainly open to answering any questions you may have, they will not discuss playing time or how the team is run. Your support is vital to the success and overall experience of the team.

All athletes, coaches, parents, family members and friends are expected to show respect towards game officials and referees in language, attitude and mannerisms. Our referees are well-qualified and do an excellent job, but mistakes happen. We expect all of our athletes, coaches, parents and families to win and lose with dignity, graciousness and class, regardless of circumstances.

## 11. CLUB POLICIES

All club policies are posted on our website, under the *About Us* page.

## 12. CLUB COLOURS

The official Fuzion colours are Gold, Navy, Gray and White. Each athlete will receive a club kit as part of their registration fees. Athletes, family and friends can purchase other items from our club shop.

## 13. CLUB KIT

All athlete's receive a club kit as part of their registration fees. This kit includes:

Mini/10U/12U/13U	T-shirt (fall), cinch bag (winter), water bottle
14U & Older	2 T-shirts, backpack*, hoodie*, water bottle
	*Backpacks and hoodies are given once over the athlete's Fuzion career. If a new one is required, it can be purchased through the Club Shop at athlete's expense.
Nationals Teams	All teams going to Volleyball Canada Championships will receive a shell with their name and club logo. These are the same shells offered in the Club Shop, but the embroidery is different.

## 14. CLUB SHOP

Twice a year the club publishes a catalog of items available for purchase by athletes, parents and family members. Orders will not be placed until payment is received.

## 15. OTHER AFFILIATED ORGANIZATIONS

As a member in good standing, Fuzion Volleyball Club is also affiliated with the following



---

organizations:

**Volleyball New Brunswick**

Volleyball New Brunswick (VNB) is the provincial governing body for club volleyball. All of our athletes pay a VNB player registration fee as part of their club fees. A portion of the VNB fee pays for an athlete's insurance while practicing and playing under the club banner. VNB also organizes the club provincial championships, indoor and beach, as well as the summer NB Elite program for the 14U and older age classes. Their website is: <http://volleyballnb.org/>.

**Volleyball Canada**

Volleyball Canada (VC) is the national governing body for volleyball in the country. They organize the national championship as well as many other programs. Our club Technical Director, Monette Boudreau-Carroll, is a member of VC's Domestic Development Committee and also helped to develop VC's Long Term Athlete Development (LTAD) model. Their website is: <http://volleyball.ca/>

**16. CHILD PROTECTION**

Screening of personnel and volunteers is an important part of providing a safe environment and is mandated by the Club, VNB and VC for all coaches. Coaches must have a current Vulnerable Sector Verification screening from the RCMP on file with the club and VNB. This screening is good for five year and then must be renewed.

**17. TOURNAMENTS**

**Provincial Tournaments**

Provincial Tournaments are held throughout the course of the season, usually on Saturday's, but occasionally on Sunday's. For the most part, these are one-day tournaments, but it's also possible to have 2-day tournaments. Our teams typically go to Bathurst, Fredericton and Saint John as well as Moncton. Tournament fees are included in the club fees.

**Provincial Championships**

The Provincial Championships are a 2-day annual event held in Moncton each December. All 14U & older teams participate. The cost is included in the club fees.

**National Championships**

The National Championships are a 4-day annual event held in May. Every four years all age classes meet in one city for the tournament. In the in-between years the 14U age class holds Regional Championships, and the 15U & 16U age classes hold East/West Championships. The 17U & 18U age classes hold a National Championship every year.

**Senior Open**

VNB runs a senior adult league and each year, the week prior to the Age Class Provincial Championships, they host a Senior Open in Moncton. This tournament is open to all ages and occasionally we may enter teams.

**Atlantic Championships**

The Atlantic Championships is a new tournament that will be held in April and will be open to teams from NB, NS, PEI and NF.



---

### **Parental Help**

Parental help is required at most tournaments, whether as a scorekeeper, score flipper or linesperson. We encourage all parents to get involved. We offer scorekeeper training each year and is usually the best seat in the house! Teams attending the National Championships are required to provide 1 scorekeeper and 1 linesperson for every match.